**Scale of Mood and Engagement:**

It is not possible to define someone’s overall level of well-being just by observing them for five minutes. Rather, within the five minute time frame, we observe the service users mood state alongside their level of engagement. This is the mood-engagement (ME) value.

Over the period of a whole map a general picture can be built up about a service users relative level and range of well-being or ill-being by drawing together and analysing information from all the ME values coded. The complete range of ME values are shown below:

**+5** Exceptionally positive mood or engagement – it is hard to envisage

anything better, very absorbed or deeply engrossed and/or very happy

and buoyant.

**+3** Experienced considerable signs of positive mood or engagement;

concentrating but distractible and/or content, happy and relaxed.

**+1** Alert and focused on their surroundings with no signs of

positive or negative mood.

**-1** Small signs of negative mood and/or disengaged/ withdrawn.

**-3** Considerable signs of negative mood: anxiety, distress or anger.

**-5** Extremes of negative mood: apathy, withdrawal, rage, grief or despair.